

AUGUST IS NATIONAL IMMUNIZATION AWARENESS MONTH: REMEMBER – KEEP UP WITH YOUR OTHER VACCINES

The COVID vaccine is not the only vaccine you need to get. You have the power to protect you and your family from some diseases by getting routine vaccines. They are safe and effective.

For a complete list of vaccines for all ages, visit www.cdc.gov/vaccines/ or www.healthy.arkansas.gov/immunizations.

On-time vaccines when your children are babies or young is important because it helps give your children a fighting chance against dangerous diseases. Vaccines are tested so that they are safe for your children to receive at the right ages.

INFANTS, CHILDREN AND TEENS



Preteens/teens need four vaccines to protect against serious diseases:

- Meningococcal conjugate vaccine for meningitis and bloodstream infections
- HPV for cancers caused by HPV
- Tdap for tetanus, diphtheria and whooping cough
- Yearly flu vaccine

PREGNANCY



If you are pregnant, getting vaccines can help your baby after birth by passing on antibodies. Antibodies can help your baby fight flu and whooping cough until they can get their own vaccines.

Vaccines are not just for children. Protection from some childhood vaccines can wear off over time. All adults need vaccines to help them from getting and spreading serious diseases.

ADULTS



VACCINES ARE SAFE, TESTED AND HELP YOU FIGHT MANY SERIOUS DISEASES.

To learn more about vaccines and which ones you and your children need, visit your local Community Health Center. To find a health center, visit www.chc-ar.org/health-center-list or call **501-374-8225**.

SOURCES: www.cdc.gov/vaccines • www.cdc.gov/vaccines/parents/index.html • www.cdc.gov/vaccines/parents/schedules/index.html www.cdc.gov/vaccines/schedules/easy-to-read/child-easyread.html
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