Breast cancer is the most common cancer in women in Arkansas, affecting more than a quarter of women in Arkansas from 2013–2017. Mammograms can help detect breast cancer early, possibly before it has spread. There are steps you can take to reduce your risk of breast cancer.

New Cases of Breast Cancer in the U.S. and Arkansas, 2021

281,550 NEW CASES

2,370 NEW CASES

New Cases of Cancer in Arkansas Women, 2013–2017

27.5% Breast Cancer

15.9% Lung Cancer

9.1% Colorectal Cancer

5.5% Uterine Cancer

3.7% Melanoma

38.3% All Others

Of All Cancers in Arkansas Women, Breast Cancer is the...

#1 TYPE OF CANCER

Arkansas Rates of Cancer Incidents, Per 100,000 Women

- Breast Cancer .............. 118.2
- Lung Cancer ............... 62.7
- Colorectal Cancer ......... 37.9

#2 CAUSE OF CANCER DEATHS

Arkansas Rates of Cancer Deaths, Per 100,000 Women

- Lung Cancer ................. 41.0
- Breast Cancer .............. 20.3
- Colorectal Cancer .......... 12.8

Up-to-Date Mammograms, Arkansas vs. U.S.

Arkansas ranks 37th in the U.S. for up-to-date mammograms in women ages 45 and older. Arkansas is close to the national average for mammograms.

Early Detection and Avoiding Risk Factors


- Avoiding cancer risk factors may help prevent certain cancers. Talk to your doctor or other health care professional about how you might lower your risk of cancer. Some risk factors include: Smoking, being overweight, drinking alcohol and not getting enough exercise.

Breast Cancer Treatments

- Surgery. An operation where doctors cut out cancer tissue.

- Chemotherapy. Using special medicines to shrink or kill cancer cells.

- Hormonal therapy. Blocks cancer cells from getting the hormones they need to grow.

- Biological therapy. Works with your body’s immune system to help fight cancer cells or control side effects from other treatments.

- Radiation therapy. Using high-energy rays (similar to X-rays) to kill the cancer cells.

VISIT THE AMERICAN CANCER SOCIETY FOR MORE INFORMATION AT WWW.CANCER.ORG/CANCER/BREAST-CANCER.

To find a health center, visit www.chc-ar.org/health-center-list or call 501-374-8225.


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